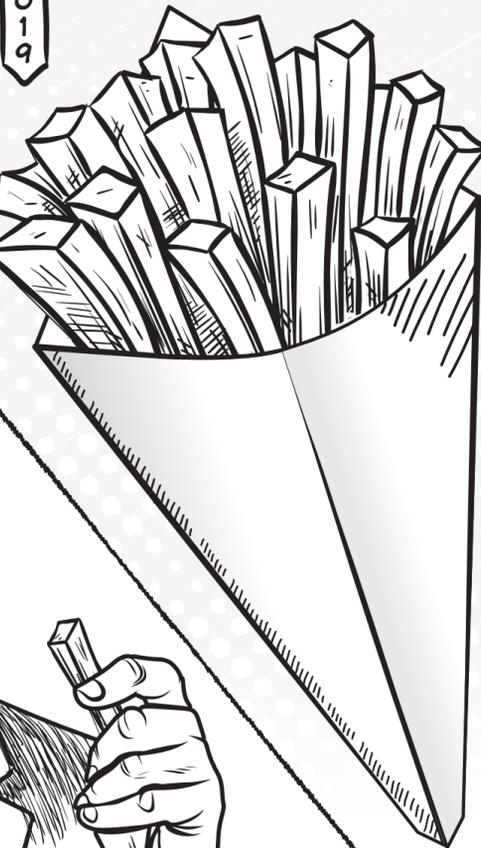


COLOUR ME!

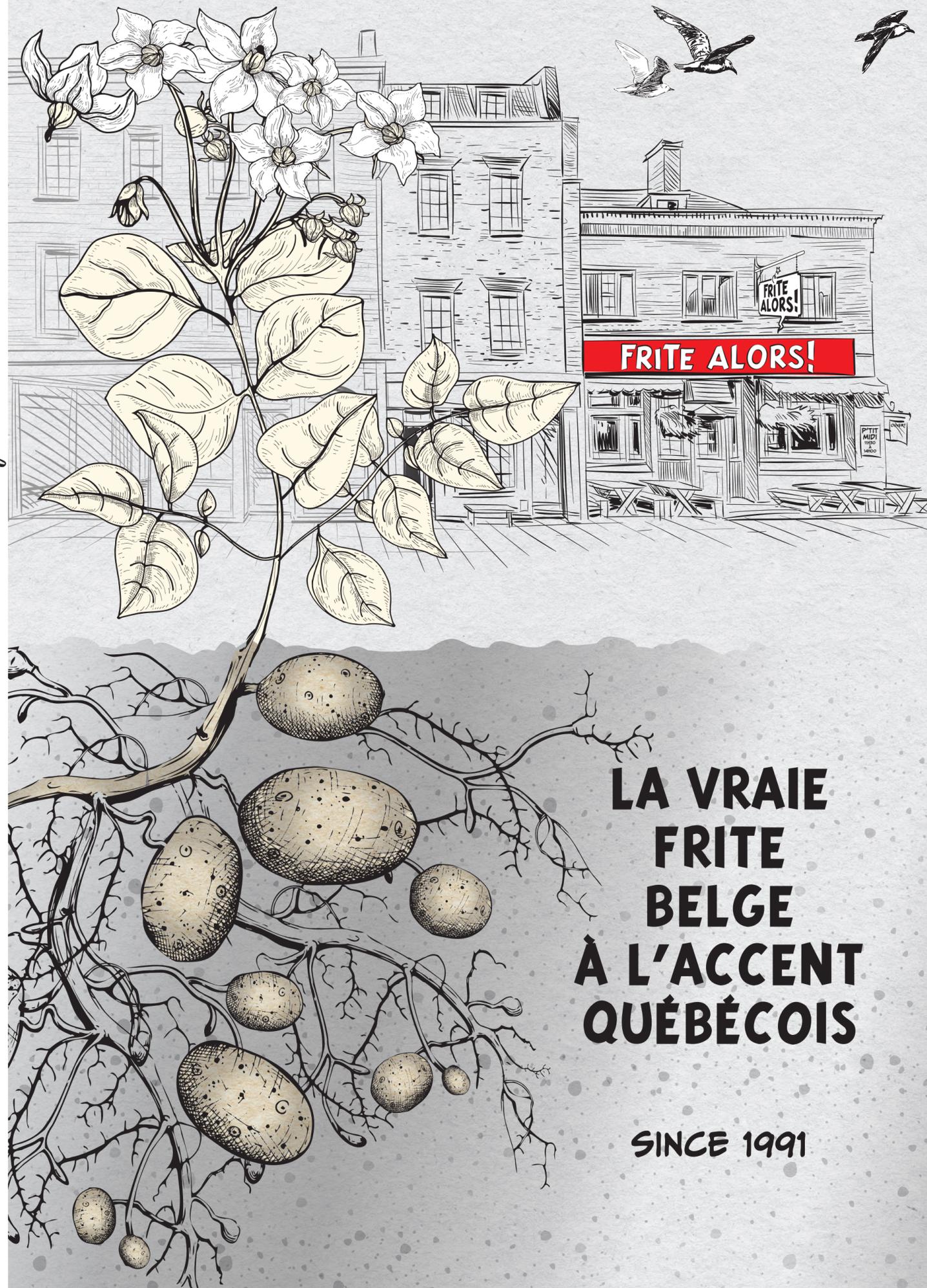
BUT STAY INSIDE THE LINES!



THOSE ARE THE BEST FRIES IN TOWN!



WELL, I PREFER THE VLADIMIR POUTINE



LA VRAIE
FRITE
BELGE
À L'ACCENT
QUÉBÉCOIS

SINCE 1991

POUTINES

DAILY FRESH CHEESE CURDS



GLUTEN-FREE POUTINE GRAVY (MAY CONTAIN TRACES)

POUTINE OF THE MONTH

BY OUR GREAT POUTINE CHEFS "SEE BLACKBOARD"

	SMALL	REGULAR	LARGE
LA VLADIMIR the classic	\$6.75	\$9.00	\$13.25
LA TUNISIENNE 100% lamb merguez sausage and grilled onions		\$12.00	\$16.25
L'EAU À LA BUSH ground beef, grilled mushrooms and onions		\$12.00	\$15.25
LA VIENNOISE Viennese sausages		\$12.00	\$16.25
LA MEXICAINE mexicaine sauce and grilled onions		\$10.00	\$15.25
LA PORC EFFILOCHÉ pulled pork, grilled onions and maple bbq sauce		\$13.00	\$18.25
LA COCHONNE homemade thick cut bacon and grilled onions		\$14.00	\$18.25
LA FRITE ALORS! a blend of grilled bacon, red peppers, onions and mushrooms		\$11.00	\$15.25
LA MONTRÉALAISE smoked meat and pickles		\$12.00	\$16.25
LA TACOS ground beef, spices, grilled onions, avocado, tomatoes, sour cream and mexicaine sauce		\$14.00	\$19.25
LA GÉNÉRALE TAO chicken nuggets, roasted sesame, shallots and the general's delicious secret sauce		\$13.00	\$18.25
LA CANARDUCK shredded duck (100% duck meat) and classic bbq sauce		\$13.00	\$18.25
LA KIMCHI BIO spicy Korean style cabbage, shallots and roasted sesame		\$14.00	\$19.25
LA PICASHEW WINNING RECIPE OF THE 2019 POUTINE CONTEST chicken pieces, crispy chow mein noodles, shallots, cashews and teriyaki sauce		\$14.50	\$18.25
LA MENACE NUCLÉAIRE "Kim Jong-Un's indulgence": minced beef, bulgogi sauce, kimchi, shallots and roasted sesame		\$14.00	\$19.25



FRIES

SMALL	\$3.75
LARGE	\$6.75
MAYO OR SAUCE	\$1.00

FOR OVER 28 YEARS, WE HAVE BEEN CUTTING, BLANCHING AND COOKING OUR QUEBEC-GROWN RUSSET POTATOES IN ANIMAL FAT ACCORDING TO THE BELGIAN TRADITION!

MAYOS

FRITE ALORS!

mayo, harissa, garlic

DIJONNAISE

mayo, Dijon mustard

AÏOLI

mayo, garlic

RÉMOULADE

mayo, Dijon mustard, tarragon

CARI

mayo, curry

MAYONNAISE

fresh natural mayo

LIMETTE

mayo, lime, black pepper

NATURAL AND HOMEMADE

BÉARNAISE

mayo, shallots, white wine, chervil, tarragon

BACON À L'ÉRABLE

mayo, maple syrup from our sugar shack and spices

PISTOU ROSÉ

mayo, basil, pine nuts, dried tomatoes, garlic

AMÉRICAINNE

mayo, paprika, shallots, garlic, onions, harissa

COCKTAIL

mayo, ketchup, pepper

TARTARE

mayo, pickles, capers, sweet mustard

L'ANDALOUSE DE BELGIQUE

mayo, ketchup, spices

SAUCES

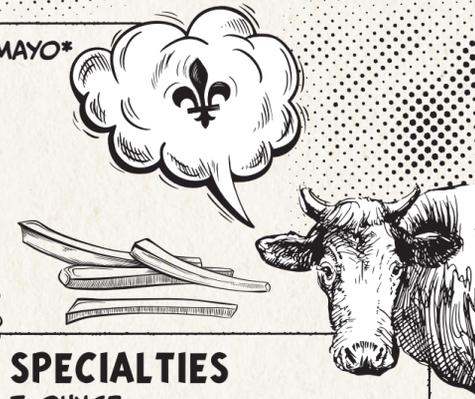
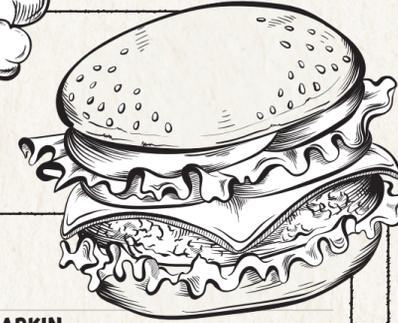
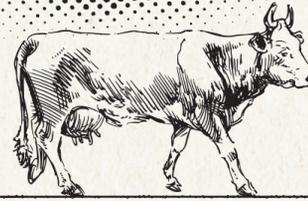
MAPLE BBQ
CLASSIC BBQ

MEXICAINE
tomatoes, chilli pepper, cilantro

HAMBURGERS

SERVED WITH FRIES AND MAYO*

*VEGETARIAN DISHES ARE SERVED WITH MIXED SALAD



CLASSIC BURGERS

L'ORDINAIRE ciabatta bread, beef, relish, mustard, onions, field greens and tomatoes	\$11.00
L'HAMBOURGEOIS ciabatta bread, beef, swiss, dijonnaise mayo, onions, pickles, field greens and tomatoes	\$13.00
LE BOUCANIER ciabatta bread, smoked beef and pork, swiss cheese, bacon, américaine mayo, field greens and tomatoes	\$14.00
LE FRITE ALORS! ciabatta bread, beef, a blend of grilled bacon, red peppers, onions and mushrooms, mayo and field greens	\$14.00
LE GROS MACHIN bun, double beef burger, swiss cheese, mayo, field greens and tomatoes	\$17.00
L'AVOCAT ciabatta bread, beef, avocado, mayo, onions and tomatoes	\$13.00
LE TEXAN bun, beef, grilled mushrooms, bacon, swiss and classic bbq sauce	\$14.00
LE POULET AU BEURRE ciabatta bread, chicken strips, creamy tomato and butter sauce, shallots, tomatoes and field greens	\$13.00



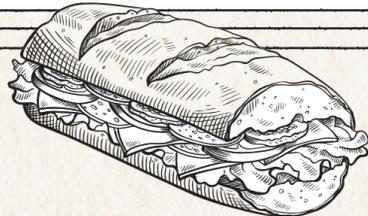
LE 5 NAPKIN poutine in a beef hamburger with grilled mushrooms, served on a bun	\$13.00
LA MENACE NUCLÉAIRE "Kim Jong-Un's indulgence": ciabatta bread, minced beef, bulgogi sauce, kimchi, shallots and roasted sesame	\$15.00
LE BÉÉÉRGER bun, beef, goat cheese, bacon, mayo, field greens and tomatoes	\$16.00
LE FISHWICH bun, breaded cod fillet, coleslaw, field greens, pickles, onions and tartare sauce	\$15.00
LE BURGER VÉGÉ ciabatta bread, "Bio-bon" burger, a blend of grilled red peppers, onions and mushrooms, mayo, field greens and tomatoes, served with mixed salad	\$14.00
L'EXTRAORDINAIRE ciabatta bread, "Bio-bon" burger, relish, mustard, onions, field greens and tomatoes, served with mixed salad	\$14.00
LE FOUTU TOFU bun, General Tao tofu, mayo, sriracha, roasted sesame, shallots and kimchi, served with mixed salad	\$12.00

SPECIALTIES

5-OUNCE PASTURE FED GASPÉ BEEF WITHOUT ANTIBIOTICS AND GROWTH HORMONES	
LE ROYAL DE CHARLEVOIX ciabatta bread, pasture fed Gaspé beef, 1608 de Charlevoix cheese, cracked black pepper, aioli sauce, onions, field greens and tomatoes	\$17.50
LE CHAMPFLEURI ciabatta bread, pasture fed Gaspé beef, old cheddar, grilled onions with balsamic vinegar, cracked black pepper, field greens and dijonnaise mayo	\$17.50
LE PARIGOT ciabatta bread, pasture fed Gaspé beef, brie cheese, apples, béarnaise mayo, field greens and tomatoes	\$14.00
L'Auvergnat ciabatta bread, pasture fed Gaspé beef, a blend of cream cheese and Auvergne blue cheese, grilled mushrooms, field greens and tomatoes	\$14.00

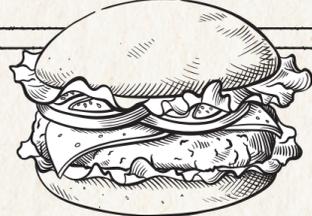
SANDWICHES

SERVED WITH FRIES AND MAYO*
*VEGETARIAN DISHES ARE SERVED WITH MIXED SALAD



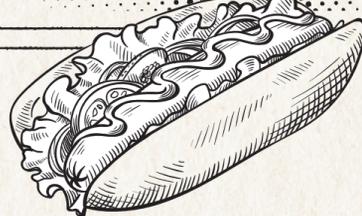
CIABATTA BREAD

LE CLUB SANDWICH FRITE ALORS! ciabatta bread, chicken salad (mayo), bacon, field greens and tomatoes, served with coleslaw and pickles	\$15.00
LA MERGUEZ ciabatta bread, two 100% lamb merguez sausages, Frite Alors! mayo and sliced tomatoes and cucumbers	\$13.75
LA MITRAILLETTE ciabatta bread, two 100% lamb merguez sausages and américaine mayo, the fries and the toppings are in the sandwich	\$12.00
LE PANINO VÉGÉ ciabatta bread, avocado, goat cheese, a blend of grilled red peppers, mushrooms and onions, rémoulade mayo, served with mixed salad	\$14.75



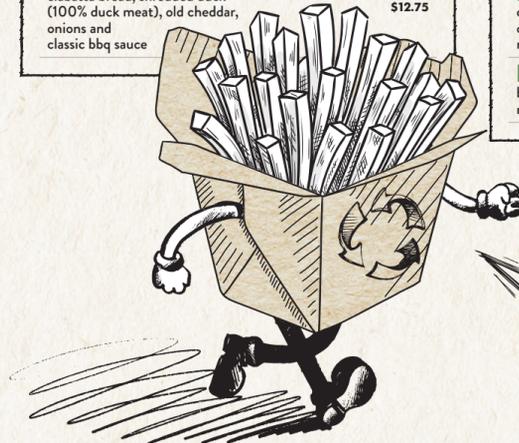
PRESSED

LE ST-GUILAUME ciabatta bread, old cheddar, apples and onion confit	\$11.50
LE 3 P'TITS COCHONS ciabatta bread, pulled pork, maple bbq sauce, old cheddar, onions and tomatoes	\$12.75
LE CANARDUCK ciabatta bread, shredded duck (100% duck meat), old cheddar, onions and classic bbq sauce	\$12.75



HOT DOGS

LE CHIEN CHAUD EUROPÉEN ciabatta bread, Viennese sausage, organic sauerkraut and Dijon mustard	\$10.75
LE CHIEN CHAUD D'ICITTE bun, Viennese sausage, coleslaw, relish, mustard	\$10.75
LE VÉGÉ EUROPÉEN ciabatta bread, "Gusta" sausage, organic sauerkraut and Dijon mustard, served with mixed salad	\$12.75
LE VÉGÉ D'ICITTE bun, "Gusta" sausage, coleslaw, relish, mustard, served with mixed salad	\$12.75



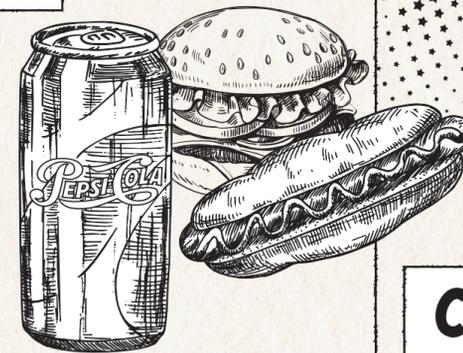
ALL OUR TAKE OUT CONTAINERS ARE COMPOSTABLE!

LE P'TIT MIDI

SERVED WITH FRIES, MAYO AND A SOFT DRINK*
*PEPSI PRODUCTS

MONDAY TO FRIDAY
FROM 11:30 AM TO 2:00 PM

L'HAMBURGER L'ORDINAIRE ciabatta bread, beef, relish, mustard, onions, field greens and tomatoes	\$11.50
LE CHIEN CHAUD D'ICITTE bun, Viennese sausage, coleslaw, relish and mustard	\$11.25



CHILDREN'S MENU

12 YEARS AND UNDER

SERVED WITH 1/2 FRIES AND A SMALL OASIS ORANGE OR APPLE JUICE

LE CHIEN CHAUD D'ICITTE bun, Viennese sausage, garnished to your taste!	\$8.50
LES DENTS DE POULET chicken fingers served with a sauce of your choice	(2) - \$10.00
SMALL POUTINE LA VLADIMIR the classic (without 1/2 fries)	\$6.75
SMALL POUTINE LA VIENNOISE Viennese sausages (without 1/2 fries)	\$7.50
L'HAMBURGER L'ORDINAIRE bun, beef, garnished to your taste!	\$9.75



GLUTEN-FREE BREAD	+ \$1.50
REPLACE THE FRIES WITH:	
A SMALL POUTINE	+ \$3.00
A MIXED SALAD	+ \$1.00
FRIES AND MIXED SALAD	+ \$2.00

CHEF'S SPECIALS

SERVED WITH FRIES AND MAYO

L'ASSIETTE MERGUEZ ET CHOUCROUTE BIO 100% lamb merguez sausages and organic sauerkraut	(3) - \$15.50
LE FISH'N FRITE ALORS! cod fillet and tartare sauce	(1) - \$12.75 (2) - \$17.75

SALADS

LA COMPOSÉE field greens, fresh vegetables and house dressing or olive oil and balsamic vinegar	SMALL \$5.75	LARGE \$10.25
LA POULET GRILLÉ chicken strips, field greens, fresh vegetables and house dressing or olive oil and balsamic vinegar		LARGE \$14.00

